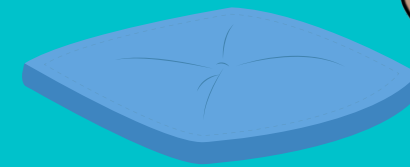
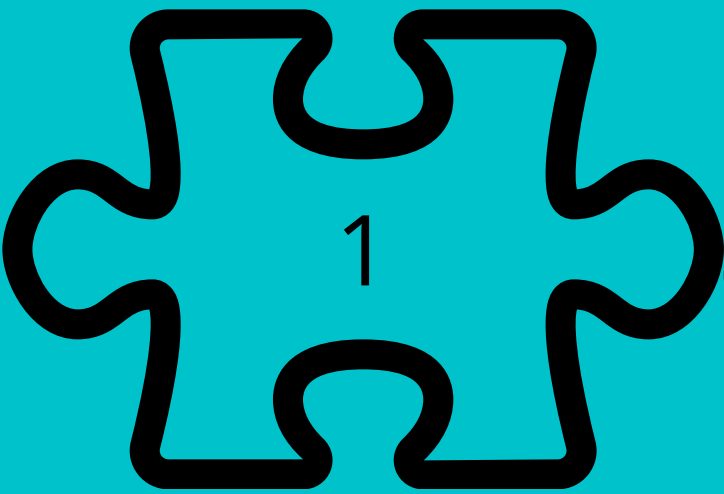


PHYSICAL

Obstacle Course



Get Set 4
Education



- Set up an obstacle course using household items.
- Climb over chairs, crawl under tables, jump over dressing gown ropes, hop from pillow to pillow, crawl through a cardboard box, throw a pile of socks into a laundry basket, etc.
- Time yourself and try to beat your time throughout the day.
- Colour in one of your #1 puzzle pieces.
- Tweet how you are getting on @GetSet4Ed

www.getset4education.co.uk

