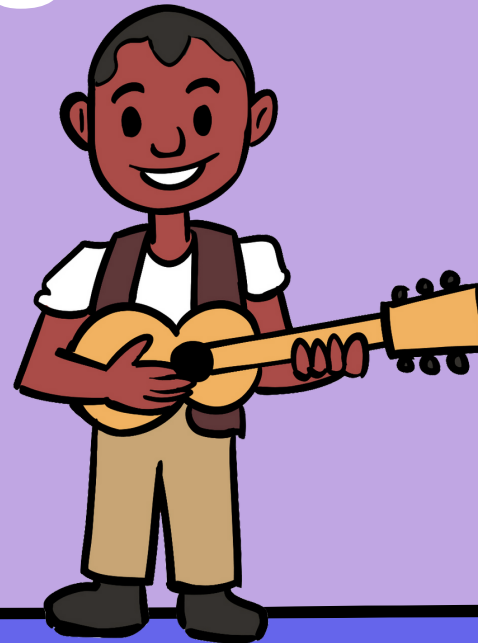
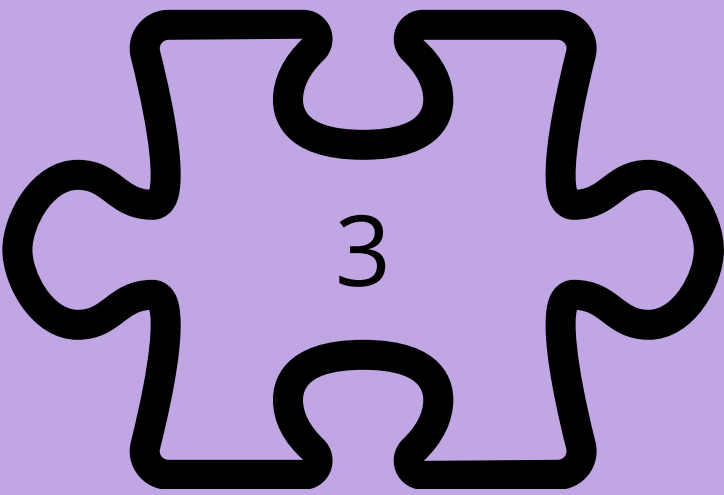


SELF-CARE

Challenge accepted



Get Set 4
Education



- Set yourself a goal. It could be learning to button your shirt or tie your shoelaces. It could be that you want to learn a new song on your guitar. It could be that you want to learn to skip.
- Write or draw your goal, write something that is going to help you to achieve that goal and write a date next to it for when you want to have achieved it. Check back in and see if you are on track!
- Colour in one of your #3 puzzle pieces.
- Tweet how you are getting on @GetSet4Ed

www.getset4education.co.uk

