

BPS Whole school curriculum overview

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Relationships Identity, society and equality Me and others Black history month Intro to RP Mindmate lesson- Feeling good and being me  	Relationships Mental health and emotional wellbeing Friendship Black history month Intro to RP Mindmate lesson- Feeling good and being me	Relationships Mental health and emotional wellbeing Strengths and challenges Black history month Intro to RP Mindmate lesson- Feeling good and being me My Mental Health Rocks	Relationships Identity, society and equality Democracy Black history month Intro to RP Mindmate lesson- Feeling good and being me	Health & Wellbeing Keeping safe and managing risk  When things go wrong Black history month Intro to RP Mindmate lesson- Feeling good and being me	Health & Wellbeing Mental health and emotional wellbeing  Healthy minds Black history month Intro to RP Mindmate lesson- Feeling good and being me 
Autumn 2	Health & wellbeing Physical health and wellbeing Fun times Anti bullying Internet Safety Mindmate lesson- Being the same and being different 	Health and wellbeing Physical health and wellbeing What keeps me healthy? Keeping our teeth healthy lesson Ebug Lesson Anti bullying Internet Safety Mindmate lesson- Being the same and being different	Health & Wellbeing  Keeping safe and managing risk Bullying – see it, say it, stop it Anti bullying Internet Safety Mindmate lesson- Being the same and being different	Health & Wellbeing  Keeping safe and managing risk Playing safe Anti bullying Internet Safety- Be internet legends Mindmate lesson- Being the same and being different Road Safety	Realtionships Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia) Internet Safety- Be internet legends Anti bullying Mindmate lesson- Being the same and being different	Health & Wellbeing  Keeping safe and managing risk Keeping safe - out and about Anti bullying Internet Safety Mindmate lesson- Being the same and being different 
Spring 1	Health & Wellbeing Keeping safe and managing risk Feeling safe Mindmate lesson- Friends and family	Health & Wellbeing  Keeping safe and managing risk Indoors and outdoors Mindmate lesson- Friends and family LGBTQ+ history month	Health & Wellbeing Physical health and wellbeing What helps me choose? Mindmate lesson- Friends and family LGBTQ+ history month	Health & Wellbeing Physical health and wellbeing What is important to me?	Health & Wellbeing Physical health and wellbeing In the media Mindmate lesson- Friends and family LGBTQ+ history month	Relationships Identity, society and equality Human rights Mindmate lesson- Friends and family Out with Homophobia LGBTQ+ history month

	LGBTQ+ history month 		 Mindmate lesson- Friends and family LGBTQ+ history month 			
Spring 2	Health and wellbeing Drug, alcohol and tobacco education What do we put into and on to bodies? Mindmate Lesson- Strong emotions Empathy- fill my bucket 	Health & Wellbeing Drug, alcohol and tobacco education Medicines and me Empathy- fill my bucket Mindmate Lesson- Strong emotions	Health & Wellbeing Drug, alcohol and tobacco education Tobacco is a drug Empathy- fill my bucket Mindmate Lesson- Strong emotions	Health & Wellbeing Drug, alcohol and tobacco education Making choices Empathy- fill my bucket Mindmate Lesson- Strong emotions	Health & Wellbeing Drug, alcohol and tobacco education Different influences Empathy- fill my bucket Mindmate Lesson- Strong emotions Mindmate Focus- Domestic Violence)	Health & Wellbeing Drug, alcohol and tobacco education Weighing up risk Empathy- fill my bucket Mindmate Lesson- Strong emotions
Summer 1	Health and wellbeing Mental health and emotional wellbeing Feelings Mindmate lesson- Life changes 	SRE- Sex and relationship education Boys and girls, families Mindmate lesson- Life changes 	Living in the wider world Careers, financial capability and economic wellbeing Saving, spending and budgeting Mindmate lesson- Life changes Care in the sun teaching pack.	SRE- Sex and relationship education Growing up and changing Mindmate lesson- Life changes	Health & Wellbeing Mental health and emotional wellbeing Dealing with feelings Mindmate lesson- Life changes FirstAd 	SRE Sex and relationship education Healthy relationships / How a baby is made Mindmate lesson- Life changes Alright Charlie FGM
Summer 2	Living in the wider world Careers, financial capability and economic wellbeing My money  Mindmate Lesson- Solving problems	SRE- Sex and relationship education Boys and girls, families Transition  Mindmate Lesson- Solving problems	Relationships- Identity, society and equality Celebrating difference Mindmate Lesson- Solving problems First aid 	SRE- Sex and relationship education Growing up and changing Mindmate Lesson- Solving problems Who can play? Media violence- 1 lesson First aid	Living in the wider world Careers, financial capability and economic wellbeing Borrowing and earning money Mindmate Lesson- Solving problems SRE- periods First aid 	SRE Sex and relationship education Healthy relationships / How a baby is made Mindmate Lesson- Solving problems First aid Transition workshops

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The red flag demarcates lessons which link directly to safeguarding