

BEECHWOOD PRIMARY SCHOOL

STATEMENT OF INTENT FOR PHYSICAL EDUCATION

Summary Statement

At Beechwood, the PE curriculum is rooted in the school's underlying aims, ethos and values. It is carefully designed to equip our pupils with the knowledge and skills they need to become physically confident and understand the importance of health and fitness. This will both prepare them for the next stage in their education and enable them to live successful lives in the future.

Aims

The Beechwood PE curriculum aims to:

- Develop competence in a broad range of physical activities;
- Ensure pupils are physically active for sustained periods of time as part of P.E. lessons and throughout break and lunchtimes;
- Increase engagement in competitive sports and activities;
- Encourage children to lead healthy, active lives;
- Develop pupils' ability to swim competently, confidently and proficiently over a distance of at least 25m.

Key concepts and ideas

Key concepts and ideas that are revisited throughout school are:

Skill Development: success in physical activities (gymnastics, athletics, dance, yoga and sports) involves the development of a broad range of skills including agility, balance and co-ordination and the application and linking of these in different ways;

Healthy Lifestyle: participation in physical activity contributes towards a healthy lifestyle;

Communication and Collaboration: success in a range of sports activities involves effective communication and collaboration with others;

Competition: competition with others and yourself can lead to improved performance;

Fairness and respect: development of competence in a variety of physical activities involves transferrable life skills such as fairness and respect.

Rationale for the order of teaching

Year 1 – Children begin to develop a sense of body and are supported to extend their understanding of spatial awareness. They are introduced to various basic key skills e.g. throwing, jumping and travelling and are taught to use the language associated with these skills. The children learn to copy and perform various sequences through Dance and Gymnastics.

Year 2 – Children continue to develop their spatial awareness and extend their knowledge with a broader variety of key skills. They are given the opportunity to create and perform their own original sequences. The children are taught to develop their levels of hand/eye coordination and they begin to apply all their skills across the different aspects of Physical Education.

Year 3 – Children practise and hone their learning from Key Stage One and they learn to be consistent in a widened variety of key skills within the context of each unit. They now apply their knowledge of spatial awareness to an increasing number of sports. They learn to describe and evaluate their performances in more detail and will begin to participate in inter school competitions, where they are introduced to the relevant rules.

Year 4 – Children show that they are able to use their whole range of key skills across the PE spectrum and they build upon their knowledge of various games. They show that they are developing their ability to work as an individual and as part of a team. In Gymnastics, children are taught to consistently show tension and control. They continue to describe and evaluate their performances and respond in more detail to relevant feedback. The children will begin to participate in inter school competitions and to gain understanding of their relevant rules. In Year 4, all children attend weekly swimming lessons to enable them to learn water confidence and safety so that they can swim a length of the pool unaided.

Year 5 – Children further develop their knowledge of tactics and principles in game situations. They are beginning to understand the importance of technique across all sports and are now able to show increased creativity and control whilst working collaboratively. In response to feedback, children can adapt and refine their performance and select appropriate skills to use throughout each unit of work. Children will take part in an increased number of inter school competitions and have a secure understanding of the rules, skills and expectations.

Year 6 – Children will use and apply various tactics and principles in a wider range of game situations and they understand the importance of good techniques across all sports. The children consistently show creativity whilst working collaboratively and offer specific improvements. They understand fully how a skill is broken down and use this knowledge to apply it accurately in different contexts. The children will continue to take part in an increased number of inter school competitions and show their resilience and determination in all areas of Physical education. They experience and develop an understanding of OAA and are able to evaluate their health and fitness.

Relevance to School Curriculum Aims

An explicit development of pupils' creative skills

Children learn to express themselves creatively through a range of physical activities including dance, gymnastics, movement and sport individually as well as during performances with others.

Learning is meaningful, relevant and enjoyable

In PE, the learning is practical and engaging. It affords continuous opportunities for pupils to develop an awareness of self and a growing understanding that personal identity is linked to the respect of others.

An extended concept of curriculum provision

When safe to do so, pupils from Years 3 to 6 will participate in inter school competitions within the Trust, which allows them to understand the contributions they can make to their community. It also develops the pupils' responsibility and understanding of their role as a member of a team.

The development of social and emotional literacy

The PE scheme also incorporates a variety of skills to ensure all children develop confidence, tolerance and appreciation of their own and others' strengths and weaknesses.