

Nursery - Group Distance Learning Provision Autumn Term 2.

Dear Parents and Carers,

Outlined below are the lessons your child could and should access if they are unable to attend school for a period during this half term, due to self-isolation etc. We have outlined suitable lessons that match our curriculum for this half term. We recommend your listens to stories, sings songs and counts daily.

Please note – this is NOT homework. This is suggested provision for your child only IF they are unable to attend school.

Please remember, in the event of a full bubble closure, we will send you updated recommendations.

Subject	Remote lessons to be accessed	Notes
Personal, social and emotional	Feelings - How can we help...? Choose a toy and begin this activity by saying 'I think Bunny is feeling sad today. What can we do to help her? Notice what your child suggests and follow their lead: a cuddle, share a story book, make them cosy in a blanket. Perhaps your child uses a gentle voice and comforting words.	This activity helps children tune into feelings and help children to find ways to manage our feelings when we are feeling sad. This activity can be done for other feelings too.
Communication and language	Make some noise! Collect pots/pans/a bucket/empty washing up bowl, and some wooden and metal spoons. Put the pans etc. upside down on the floor. Give your child time to explore these resources. Notice what they do. Then begin to model different ways to make a noise with them. Use lots of vocabulary: tap, bang, loud, quiet. Play a stop/start game. When you say 'start' they are able to tap/bang and then when you say 'stop' they have to stop making noise. Play a quiet/loud game. When you say 'quiet' they have to make a quiet sound and then when you say 'loud' they have to make a loud noise. Play a rhythm game. Tap a simple 3 beat rhythm for your child to copy.	Children need to be able to do an activity while also actively listening for instructions. Are they able to respond to your instruction? Children need to be tuning into sounds and developing an understanding of different sounds and rhythms.
Physical Development – Gross Motor Skills	How low can you go? – Do the limbo dance. Before you start, look at pictures of people doing the limbo. You'll need a longish stick – maybe a broom handle, a longish cardboard or plastic tube, or a long stick. You can have a person holding it at either end or balance it on furniture (e.g. two chairs). Make sure you can change the height of the stick, adding a new level of challenge as the bar lowers. Show your child	Children need to be moving in different ways each day. You can use furniture and cushions to make this more exciting when isolating in the house.

	how to bend back and waddle under the stick. Children who are confident might like to add the 'no hands or knees touching the ground' rule. You could play some funky music to add some rhythm. Cosmic Yoga https://www.youtube.com/c/CosmicKidsYoga/videos	
Health and Self Care	Make a sandwich Get your child involved in some simple food preparations they can do themselves. What spread will they choose, what filling, which bit of bread will be the bottom and which will be the lid? Use a safe knife for them to spread with and talk about safety when using a knife. What shape will they cut it into? You could do squares or triangles, or if you have cookie cutters you could go wild! Support your child at each step but let them do the making.	
English – Reading	The Gingerbread Man https://classroom.thenational.academy/lessons/to-listen-to-and-join-in-with-a-story-6hgpad?activity=video&step=1	The focus is to be able to listen to the story 'The Gingerbread Man' and to be able to talk about our favourite part of the story.
English – Mark making	The Gingerbread Man Can the children draw a picture of the gingerbread man? Can they draw their favourite part of the gingerbread man?	Children are at many different stages of mark making. Some children will be at a stage where they can make good representations of things like the 'gingerbread man' and some will be making lines and circles. This is fine, the importance is that they have many opportunities to mark make and are encouraged to talk about what they are mark making.

Maths	Early Mathematical experiences https://classroom.thenational.academy/units/early-mathematical-experiences-205e	These lessons focus on early mathematical experiences such as sorting, categorising, ordering and matching objects. It is crucial these early mathematical concepts are secure before children can confidently explore number.
Understanding the World	To understand how people, celebrate Christmas in the UK https://classroom.thenational.academy/units/christmas-traditions-54fe	3 lessons in total. This can be done by following the lessons or doing it practically by looking at and talking about the different things we do to celebrate Christmas.
Expressive Arts and Design	Make a paper snowflake – Using paper and scissors get crafty and see the different snowflakes that you can make. These are great to put up on your window.	