

Active English

Active Instructions



1. Literal

Create a map of your downstairs. Create a list of instructions of how to complete your map.

Eg.

Firstly, walk from the front door to the living room.

Secondly, hop to the kitchen.

Etc

2. Adverbs

Add adverbs to your instructions

Eg.

First, walk crazily from the front door to the living room.

Secondly, hop energetically to the kitchen.

3. Imagination

Turn your house into another world and use props, furniture or toys from around the house.

Eg.

To begin open the door to the dark cave and walk sideways along the perilous ledge.

Secondly hop carefully onto the stepping stones. Don't fall into the red hot lava!!

Towel Snowman

Active Maths

Equipment:

Pair of socks (rolled into a ball).
Bath towel
Tea towel
2 sheets of toilet paper

1.

Lay the towels out in a line 30 cm apart in this order to look like a 'snowman'.

Bath towel (body) 1 point
Tea towel (head) 2 points
Toilet paper (hat) 3 points

TP

T-Towel

Bath Towel

2.

Stand 1m away from bath towel.

Throw ball of socks to try and land on a towel.

- 1) How many points can you get in 5 attempts?
- 2) How many points can you get in 1 minute?
- 3) Give child a score to get eg.17. How many shots does it take to get that score?

EXTENSION

Allocate different point amounts for different towels.
Move the towels further away and further apart

